



FAB is back! FAB delivers first aid and safety training to pupils. Numerous life-saving skills are taught in a fun, upbeat and diverse way.

The course content will instil the importance of staying safe and helping someone who is poorly or injured.

The pupils will gain a sound understanding of risk and gather the knowledge, skills and confidence necessary to make safe and informed decisions in an emergency.



- **Identifying risk**
- **Contacting the emergency services**
- **Approaching & assessing a situation & casualty**
- **Resuscitation (CPR)**
- **Use of defibrillator (AED)**
- **Shock & recovery position**
- **Wounds, bleeding, bones & bandaging**
- **Choking**
- **Asthma & anaphylaxis**
- **Fire safety & fire escape plan**
- **Mental health first aid**



First Aid Buddies

Year groups 5 and 6

**Thursday 19th September –
5th December**

(excluding 24th October)

3.20 - 4.45pm

£79.47

(Inc booking fee)

11 week course

Book online

<https://fabatwickhamcommon.eventbrite.co.uk>

The pupils will be given a FAB folder for their notes and work, a novelty pen and a CPR life key. Upon completion of the course parents, carers and relevant staff are invited to a pass out drill called 'Calamity Street'.



The pupils are formally identified as the First Aid Buddies for the school, as they receive their badges and certificates.



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www.firstaidbuddies.co.uk